



English

Barbering and Cosmetology

Student Class Guide and Outline

🕒 **Class Time:** 3:00 p.m. – 8:00 p.m. (5 hours)

📍 **Format:** In-Person Class

🎯 Class Objective

The purpose of this class is to support students in developing strong theoretical knowledge through guided study and evaluation, complemented by instructor-led demonstrations.

This structure is designed to reinforce key topics required for success on the State Board examination and to prepare students for professional practice in the beauty industry.



General Rules

📅 Dress Code Policy

Students must always follow the professional dress code.

Required Attire

- Professional black smock
- Solid black pants (no leggings or tights)
- Solid black closed-toe shoes
- Solid black sweater (if worn)

🚫 Not Permitted

- Sleeveless shirts
- High-heeled shoes
- Shorts
- Excessively tight or loose clothing
- Hats, caps, beanies, or sunglasses
- Logos, colors, or patterns
- Dirty, wrinkled, torn, or stained clothing

🎀 Personal Grooming & Professional Appearance

Students are required to maintain:

- Clean and professional appearance
- Neat hair (head and facial hair)
- Clean hands and appropriate manicure
- Proper personal hygiene

Professional appearance reflects responsibility and respect for the profession.

💻 Thinkific Platform

All course-related information will be available on the Thinkific platform.

There you will find:

- 📅 The class calendar
- 📢 Important announcements
- 📝 Access to online exams (which must be completed during class)

⚠ It is the student's responsibility to check Thinkific regularly for updates or official notices.

🔗 https://cosmetica-apprenticeship.thinkific.com/users/sign_in



Sign-In Requirement

- Students can complete their online Check-In up to 15 minutes before class begins using their smartphone.
- Once inside the classroom, students must sign the attendance sheet provided by the instructor.
- Both the online Check-In and the attendance sheet signature are required for attendance hours to be recorded correctly.
- At the end of class, students must complete their Check-Out when the instructor provides the code.
- Students who fail to complete the Check-In or Check-Out process will not receive hours for that class.

Materials to Bring

-  Reading textbook (Milady or assigned)
-  Completed workbook
-  Pencil and notebook for notes
-  Personal phone or tablet with internet access

Course Format

- All classes are held in person.
- Exams are taken online using the Thinkific platform on a personal phone or tablet.

⌚ Class Breakdown

3:00 p.m. – 3:15 p.m. (15 min)

👤 Introduction

Welcome, announcements, and overview of the day:

- Students may complete digital Check-In between 2:45 p.m. and 3:15 p.m.
- Students arriving after 3:15 p.m. will only receive credit for the actual time attended.
- Signing the physical attendance sheet is mandatory.
- Attendance records are used to verify arrival time, and validate attendance hours.

3:15 p.m. – 5:15 p.m. (2 hr)

🧠 Theory

Required Theory Materials:

- Milady Textbook (physical book)
- Reading and Discussion Using Milady Textbook

5:15 p.m. – 5:45 p.m. (30 min)

Health & Safety Course



- Health & Safety Course (online)

This course is available online and must be reviewed as part of the theory portion.

🔗 https://www.barbercosmo.ca.gov/schools/healthsafety_course.shtml

5:45 p.m. – 6:00 p.m. (15 min)

☕ Break

Short break to rest and refresh



6:00 p.m. – 7:30 p.m. (1 hr 30 min)

👀 Demonstration

Instructor-led demonstration-only session (no hands-on student work)



Students will:

- Observe proper setup and preparation
- Learn correct tool usage
- Review hygiene and safety procedures
- Take notes and ask questions
- Review steps and common errors

7:30 p.m. – 8:00 p.m. (30 min)

Online Exam, Check-Out & Closing

The chapter exam, based on the revised theory, will be taken online through the Thinkific platform.

Important Instructions:

1. You must use your personal cell phone or tablet to complete the exam.
2. Ensure your device is charged and has a stable internet connection.
3. Exams must be taken during scheduled class time only.

 https://cosmetica-apprenticeship.thinkific.com/users/sign_in



Grading

- The exam will be graded out of 100 points.
- A passing grade is considered 75%.
- If your workbook is complete, you can earn 5 or 10 extra points.
- Final grade will not exceed 100 points.



Homework

⚠ Student work plan: At the end of each class, tasks will be assigned to read the next chapter and complete the corresponding activities from the workbook at home. It is important to bring and turn in the workbook in the next class to receive the grade for that

chapter.

-  Read assigned chapter
-  Complete workbook exercises
-  Prepare for next class
-  Stay organized and ready!

Timesheet

Student Responsibility

- Students must submit their completed Daily Timesheet by the 15th of each month.

Email Submission

- Send to: timesheets@cosmeticaedu.com

In-Person Option

- Timesheets may also be submitted in person.

Website Tutorial

- Access the download and tutorial section at the bottom of this page:

 <https://www.ccbuac.org/training>

Student Responsibility

Students are responsible for following all policies outlined in this guide, including attendance, exams, dress code, grooming, and classroom rules.